



Phoenix Institute of Herbal Medicine & Acupuncture  
Center for Professional Education & Development

*presents*

# Holistic Nurse Certification Preparation

## “West Meets East: Merging Best Practices”

### Participants in this seminar will learn:

- Holistic Philosophy, Theories and Ethics
- Holistic Education and Research
- Holistic Nursing Self- Care
- Holistic Communications, Therapeutic Environment, and Cultural Diversity
- Holistic Caring Process

### Application, Practice & Modalities:

- Imagery, Reflexology, Nutrition, Reiki, Auricular Acupuncture, Qi Gong, Aromatherapy
- Relationships and Communication, Death and Dying, Weight Management, Addiction and Recovery, Abuse and Violence Counseling

**33 Contact Hours Pending**

### Featured Speaker:

**Glenda Christiaens, PHD, RN, AHN-BC**, Immediate Past President of the Holistic Nurses Association, current CEO/President of “Glenda The Good Nurse”

### Other speakers include:

- **Catherine Niemiec, JD, L.Ac.**, PIHMA Acupuncture College - President
- **Renee Robles, RN, BSN**
- **Loretta Rodgers**, Licensed Massage Therapist, Reflexologist, Reiki Master
- **Toni Bernalley, L.Ac.**, MSOM, MSAc, Dipl. Ac.
- **Kat Meyers, BA Psychology, AAS OT, RYT/500**, Certified Qi Gong Instructor
- **Mary Delaney**, PhD Spiritual Psychotherapist
- **Priscilla Holly, RN, MS, NP**
- **Patricia Johnson, RN, BSN, MOSA, ND, L.Ac.**
- **Chef Rachel Albert, BA**

# Weekends of November 15-17 & 22-24

Seminar Fee \$795

Early Bird Fee \$745 (must register before October 15<sup>th</sup>)



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Register online at [www.pihma-cped.org](http://www.pihma-cped.org)

*Approval for contact hours through the American Holistic Nurses Association (AHNA) is based on an assessment of the educational merit of this program and does not constitute endorsement of the use of any specific modality in the care of clients.*

*This activity has been submitted to the American Holistic Nurses Association (AHNA) for approval to award contact hours. The American Holistic Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.*